Why array need to convert to array list?

Array has fixed size.

It cannot remove, add element after declaring.

Hence, Array.asList () / List.of() to become Collection

ArrayList has add()/remove()/contains() / sorting for easy manipulation and modify.

ArrayList can be easily loop by foreach loop/ iterator

ArrayList can be parameterized with generics, allowing you to specify the type of elements it will hold, which enhances type safety.